



of Greater Indianapolis

## PERSONALITY TESTING

**Ages:**

Ages 15 - 18

**Description:**

Leaders that can utilize their characteristics and skills to become better leaders are good leaders! Understanding your personality and characteristics can help you as a leader when making decisions, working in groups, and delegating tasks. Take this assessment and answer the questions to gain a better understanding of your own personality and characteristics.

**Time:**

20-30 minutes

**Materials Needed:**

- Internet access
- Journal and pencil

**Instructions:**

Step 1:

**Pre-Test**

The 16 personalities assessment will assign you a four letter identifier that will tell you how you interact with your surroundings, how you see the world and process information, how you make decisions and cope with emotions and how you approach work, planning and decision making.

The first letter of your personality type is the MIND. This letter tells you how you interact with your surroundings. An Introverted individual prefers solitary activities while an Extraverted individual prefers group activities.

The second letter is ENERGY. This tells you how you see the world and process information. An Observant individual are highly practical and pragmatic. An Intuitive individual is very imaginative, open-minded and curious.

The third letter is your NATURE. Are you a Thinking individual that focuses on logic over emotions? Or are you Feeling, who are sensitive and emotionally expressive?

The fourth letter is your TACTICS. This letter reflects how you work, plan and make decisions. Judging individuals are decisive and highly organized. While Prospecting individuals are very good at improvising and spotting opportunities.

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Circle which letter you *think* best describes you:

Introverted Vs Extroverted

Observant Vs Intuitive

Thinking Vs Feeling

Judging Vs Prospecting

Step 2:

**Take the Assessment**

[16personalities.com](https://www.16personalities.com)

Take the free 16personalities assessment!

After you take the assessment read about your **Strengths & Weaknesses, Career Paths, and Workplace Habits**. (Find these pages under your [personality type](#))

## ACTIVITY RECAP

Journal about your personality type; answer the following questions:

- How accurate do you think your 16personalities assessment is? Did your results match your pre-test?
- Describe a scenario where you have seen your personality type come to play?
- How can you use your personality type in your professional development? Read your **Strengths & Weaknesses, Career Paths, and Workplace Habits** to get a better understanding of your work and career type based on your personality test.

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